

An Invitation to Pilgrimage

I invite you to come with me on a journey of adventure, self-discovery and inspiration. Glastonbury and her environs have been a place of pilgrimage throughout the ages. From the days of the Earth-centered religions of the stone circles, through Celtic, Druidic, Arturian and Christian times, people have come here to remember their soul's purpose.

Our journey is simultaneously inner and outer. It is purposive. We will use meditation, Yoga, movement, music, and various healing arts to open to the next step in our individual spiritual paths. We will meet daily in practice and group process to affirm and integrate our experiences.

We will visit and experience:

- The Tor and Chalice Well in Glastonbury
- Avebury, the largest stone circle in Britain
- The Cathedral town of Wells
- The ruins of King Arthur's castle and Merlin's cave at Tintagel
- A Twilight Ceremony in the inner circle of Stonehenge

We will stay at the unique Shambhala Healing Centre at the foot of the Tor in Glastonbury where we will be provided breakfasts and dinners and a beautiful meditation room for our inner work.

Ample time will be available for the exploration of the green and tended villages of the area, for the local rituals of abundant English breakfasts, afternoon teas, and sunset walks up the Tor.

I offer this trip as a way for us to travel as pilgrims to some of the most sacred sites in England and to bring to consciousness the legacy of this remarkable place. Some of us know that we have roots here and will seek to reaffirm this. Others of us may discover roots that we have somehow forgotten are ours. For each of us it will be a time to remember who we are and where we are going. We seek to combine the joy of travel, the camaraderie of kindred spirits, and the personal fulfillment of spiritual quest. I hope that you will join me in Avalon.

Our Schedule

Sunday, June 3

3:00 Orientation and Wisdom Circle
Dinner
Opening Ceremony: Sunset on the Tor

Monday, June 4

Meditation, Yoga, Breakfast
Free time to Explore Glastonbury
Wells Cathedral
Dinner
Music

Tuesday, June 5

Meditation, Movement, Breakfast
Journey to Tintagel
Meditation and Sounding in Merlin's Cave
Dinner at a country pub

Wednesday, June 6

Meditation, Yoga, Breakfast
Glastonbury Abbey
Chalice Well Garden
Dinner
Preparation for Stonehenge

Thursday, June 7

Stonehenge Ceremony
Brunch at Avebury
Avebury Stone Circle
West Kennet Long Barrow

Friday, June 8

Meditation, Yoga, Breakfast
Free time in Glastonbury
Dinner
Closing Ceremony on the Tor

Cost

\$1,500 base including Bed and Breakfast, 4 dinners, transportation to sacred sites, all teachings, lectures, etc. Single supplement: \$300

You will need to make arrangements to fly to London, to either Heathrow or Gatwick, take a train to Castle Cary Station where you can get a taxi for the 20 minute ride to Glastonbury. More detailed travel instructions and suggestions will sent with your confirmation letter.

Please send a \$300 deposit due by January, 2012 to reserve your space. I will then send you a packet of detailed travel instructions and suggestions, a suggested reading list and ideas for inner preparation for your pilgrimage..

Facilitator

Judith Tripp, MA. MFT ~ has practiced Transpersonal Psychotherapy for 28 years. She is a Musician, Leader of the Women's Dream Quest at San Francisco's Grace Cathedral, Labyrinth Facilitator with Veriditas.

See: www.circleway.com for further details

Adjunct Services

Available from the staff of Shambhala Healing Centre:


- Readings
- Healings
- Massage

See the Shambhala website at:
<<http://www.shambhala.co.uk>> for further details and pictures of the facility



Registration

Name
Address City St. Zip
Phone Email Passport#
Dietary or Health Concerns
Emergency Contact: Name Phone.....
Tell me a bit about yourself

Enclosed: My Full Payment My Deposit of \$300  Please make checks payable to: Judith Tripp
Please register by January 11, 2012

P.O.Box 1006 Woodacre, CA 94973 USA

Contact Judith at 415/552-4546 or email at Judith@Circleway.com for further information or photographs,
visit our website: <http://www.circleway.com>



Judith Tripp
P.O.Box 1006
Woodacre, CA 94973 USA

Pilgrimage to Avalon



June 3-8, 2012

*Join me at the most magical places
in England for a journey of
significance, with trips to seven of
Southwest England's sacred sites
including a dawn ceremony
inside Stonehenge!*